

OASIS LEARNING VILLAGE



Co-funded by the
Erasmus+ Programme
of the European Union

17th-28th May 2019 | Germany

www.community-action-learning.eu

Journey Preparation Guide

HELLO

Informationguide:

In this booklet you will find practical information for your stay at Bad Gandersheim / Germany during the oasis learning village. For any doubts or suggestions please contact us!

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For more information about the program content check the website: : <http://community-action-learning.eu>



WELCOME

Thank you for deciding to sign-up for OASIS LEARNING VILLAGE program and joining to this experience with us. We are very happy to have you in the group.

We will be waiting to host you **Friday 17th of May from 2 pm at Friedenswerkstatt Bentierode**

At 6 pm we will start the program in time.



PLAN YOUR TRIP

ARRIVING TO GERMANY / Bad Gandersheim

Please plan and book your trip to Bad Gandersheim soon as possible in order to save travel costs for the project. Please calculate to arrive between 14 - 17 hours in order to arrive before the program starts. We remind that arrival is on May 17th and departure on May 28th in the morning after breakfast about 10 am. Plan your back trip leaving from train station Kreiensen.

Please consider the following maximum travel budget per person depending travel distance one way: 275 € (500 - 1999 km), 180 € (100-499 km), 20 € (10-99 km) . For calculating the travel distance use the following tool: [EU distance calculator tool](#) . In case of a longer travel distance please contact us. The country from you are travel to the training must be your country of residents.

IMPORTANT: Please be responsible with the travel budget and try to spent only what is necessary for a convenient travel. In order to reimburse the costs of the trip, we need you to keep the original travel tickets and send them to us after the return trip. (bus tickets, train tickets, gas bills, boarding passes, etc.) For flights please keep the original boarding pass!

by train

The closest train station is **Kreiensen**. It is very accessible by bigger train stations Göttingen (25 min) or Hannover (40 min). From their we pick you up. Here some websites that can help you:

<https://loco2.com/> <https://www.bahn.com/en/view/index.shtml>

by plane

The closest airport to arrive is Hannover. From their a train takes you in 40 min to Kreiensen. Other options could be Frankfurt, Hamburg or Berlin. From there you can get by train in 2 – 3 hours to Kreiensen

by car or walking

To organize your route if you want to come by car or walking enter this address in an interactive map or GPS application.

Friedenswerkstatt Bentierode, Street: Bentieröder Ring 7, City: 37574 Einbeck- Bentierode

[Google Maps Link](#)

If you have any doubts upon arrival the fastest way to contact us is by phone.

- Raphael: +49 (0) 160 96 20 92 68 / rs@ideenhochdrei.net

How to arrive by train from the airport::

Hannover: When you arrive at the airport, you go to local train station of the airport and take the **S5** to Hannover Main station (20 min). Train leave every half an hour `06 and `36 from line 1 normaly.

Here you change the train to Metronom ME RB 2 direction Göttingen. Train leave every hour `36 from line 7 normaly. Please check actual announcements and trainschedule at train station in order to get the right train.

You can buy your ticket to Kreiensen in the DB auto-sales machines, which should cost about 20€.

Other airports:

Please check the Deutsche Bahn DB website fo connections form the airport of arrival to Kreiensen. The train costs between 40 and 80 € and 2 – 3 train changes are needed.

<https://www.bahn.com/en/view/index.shtml>

The ticket should be booked online in advance to get a cheaper price.

Our Home: Friedenswerkstatt Bentierode

We will be hosted during the training in the [„Friedenswerkstatt“ in Bentierode](#) just a 15 minute bike ride next to Bad Gandersheim.

The FRIEDENSWERKSTATT BENTIERODE is offering already over many years space for self organized groups which works especially for peace, social justice and environmental protection and want to be platform for such groups.

It has its own kitchen for self-service. It accommodates up to 40 people with various rooms with between 2 and 6 bunk beds. It has shared bathrooms and showers. The 24 people that we form the group will be distributed in these rooms. The bunk beds have 90cm mattresses, with pillow and blanket. You will need to bring your own sheets and / or sleeping bag. Also bring a towel and personal hygiene products. There is no wifi in the the hostel. As the program is also quite intense, we invite you for a few days to become independent of the digital networks and to connect with the place and its people. 😊



Bad Gandersheim

The program will take place in Bad Gandersheim. A rural small town with about 4.500 citizen in the core city located in a rural economically relatively weak area in the middle of Germany state of Niedersachsen. Bad Gandersheim is a old spa town with a historically strong health sector(hospitals specialized for rehabilitation), which is nowadays in crisis over the last 15 years (declining visitors, need for large investments for modernization, general crisis of health system). The city is confronted with common challenges of smaller towns as demographic change (shrinking population), migration, shrinking public budgets, weak local economy. Today up to 250 refugees from different ethnics groups and age groups including a large number of young people are living now in Bad Gandersheim. The project is locally embedded through cooperation with local partners from Bad Gandersheim. The Municipality of Bad Gandersheim and the local subsidiary of Diakonie Braunschweig are cooperating with our project. The Diakonie Braunschweiger Land is running the neighborhood meeting space Klaro 14, which will be our starting point for the oasis game.



Before Travelling

THE WEATHER

In spring we hoply expecting already warm temperatures up to 25 degrees during the day, but there can also be still colder days and rainy days. At night temperatures are likely to drop around 10 degrees.

FOOD

All meals of the program are included, starting with the dinner of the 17th May and closing with the breakfast of the day 28th. Meals will be delivered by our kitchen team in the Friedenswerkstatt. Here we will serve you with vegetarian Food mostly organic and locally sourced. During our work in the community we will have Lunch cooked by locals from the community or provided by local restaurants.

We'll offer tea, coffee and snacks for breaks.

If you have any food intolerance, allergy, or any kind of special diet. If you are a vegetarian or a vegan. Please communicate it to us as soon as possible in the questionnaire we sent you.

HOW TO PREPARE

The first and most important thing is that you bring the mind and spirit open to live an intense week. It is a challenging process that requires both participants and energy.

We recommend that you take some time to reflect on what you would like to learn, contribute and experience during the experience. Bring that intention with you.

Besides bringing these intentions alive and present, you will need somemore things ;) to make your stay comfortable and enjoyable, here are some more recommendations ...

MAKE YOURSELF AT HOME!

We invite you to bring with you certain objects that represent you and that help you feel at home, and that can also support you to tell your story. Where are you from? What inspires you? What causes, people, .., are important to you and / or have made you who you are today? What are your questions, your searches? ...

Having these questions as a reference select 5 objects that can help you answer them and bring them with you, (they can be eatable 😊)

We are aware that in the group there is a lot of knowledge and that you will bring together fantastic experiences, we invite you to share with the group a little bit of what you do; about your initiative, project, your talents, etc... bring anything you need to tell it.

WHAT TO BRING

- Bed Sheets (for mattress, blanket and pillowcase).
- Warm clothing for low temperatures especially aftersunset and light clothes for sunny moments. The temperature forecast for this time is from 7°C to 25°C.
- Raincoat
- Comfortable shoes for different situations (flippers, Tennis, ..)
- Old clothes to paint and work on action days and / or that you don't care if they get dirty or broken!
- Sunblock, hat or cap,
- Photo camera if you have
- Towel.
- Personal hygiene items
- Notebook and pen
- If you play an instrument that is easy to carry, do not hesitate to bring it!

HEALTH:

We strongly advise that you apply for an EU reciprocal health cover card. You'll need this if you need to visit to the doctor or hospital during your time in Germany.

Here is a link which will take you to the website for applying for an EHIC (European Health Insurance Card).

<http://ec.europa.eu/social/main.jsp?catId=559>

If you have any important health issues that we need to know in case of an emergency, please notify us as soon as possible:

Allergies, food intolerances, etc. Everything you consider important.

We will have a first aid kit and there is a pharmacy, doctors and hospital in the village, but we think its best that you bring your own medicines or best that you bring your own medicines or remedies to those who you are accustomed to (for headaches, musclepain, etc..).

Travel Insurance:

We strongly advise that if you don't have a general travel insurance by yourself or by the sending organization that you book one that cover the time of your travel.

Questionnaire with Food preferences / Emergency contact / Travel details

Please don't forget to fill in the questionnaire with all relevant information soon as possible.

<https://goo.gl/forms/K9heDDCeW9wXtfUC2>

LIVING TOGETHER AGREEMENTS

The program and methodology are agreed and build as a collective, being essential to respect the schedule proposed, as well as your presence in all the activities. The scheduled times and content can change according to group and program demands and community demands. If this happens the organizing team will take care that you will be informed as soon as possible.

HEALTH AND SECURITY:

The program may include the handling of a large variety of equipment's and tools. It is your responsibility to take care of yourself and your belongings.

DRUGS AND ALCOHOL:

The program is focused on the recognition and conscious overcoming of our own limits and virtues. We are also wanting to carry out a process of community mobilization and we want to respect diversity as much as possible. Acknowledging these realities, we ask you not to consume drugs or alcohol during the training.

HOW TO RELATE TO THE GROUP AND TO THE COMMUNITY:

Cultivate respect in all relationships in the group and with the community, it is important to be aware of your impact and take responsibility throughout the process.

Avoid any kind of prejudices and sieges.

We ask that you maintain an ethical relationships with the community and with the participants.

We ask you not to involve in intimate relationship with members of the community and participants during the training.



Program

The flow of the Program is following the 7 Phases of the Oasis Game: Appreciative Gaze, Affection, Dream, Care, Miracle, Celebration and Re-evolution.

Most of the days we will be the whole day in Bad Gandersheim, working and interacting with the community there. In addition to the time and process with the community, we have input sessions on selected topics, sessions to cultivate our community of participants and learning sessions to reflect and track our learnings.

Soon to the start you will receive a more details regarding agenda of the program.

More Information about the Oasis Game you can found here:

<http://community-action-learning.eu/oasis-game>

Under www.ceal.eu you can find for preparation more ressources about community-action-learning.



EU ERASMUS + youthworker exchange

We have developed this project thanks to the support of the Erasmus + program.

After completing the program you will receive a participation certificate recognized at European level; the **EU YOUTHPASS**. For this you will have to fill in an online evaluation form after the training.

More background Information to Erasmus + you can find here:
<https://ec.europa.eu/programmes/erasmus-plus/>

A collaborative project

This project has been developed in collaboration between 6 European organisations, within the framework of the Erasmus + program. Goteo (Spain), Elos Foundation (Netherlands), Ideenhochdrei (Germany) Comunitazione (Italy), LEPŠÍ ŽIVOT (Slovakia), Act4Change (Belgian)



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WHO'S BEHIND OASIS LEARNING VILLAGE

ORGANIZING TEAM

Ideenhochdrei e.V (DE) and ELOS FOUNDATION (NL)

PROJECTPARTNERS

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ELOS
FOUNDATION



FACILITATION TEAM

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Oasis Game is a
Methodology by:

